

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



Sault College

COURSE OUTLINE

COURSE TITLE: Skin Care Theory II
CODE NO. : EST 164 **SEMESTER:** 2
PROGRAM: Esthetician's Diploma Program
AUTHOR: Silvana Bassanello
DATE: Jan 2008 **PREVIOUS OUTLINE DATED:** Jan 2007
APPROVED:

CHAIR, COMMUNITY SERVICES

DATE

TOTAL CREDITS: 4
PREREQUISITE(S): Skin Care Theory I and Skin Care Practical Lab I
HOURS/WEEK: 4

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For additional information, please contact the Chair, Community Services
School of Health and Community Services
(705) 759-2554, Ext. 2603

I. COURSE DESCRIPTION:

This course is designed to provide students with more in depth knowledge of skin conditions and to determine which conditions can be treated and which require medical attention. Emphasis is placed on advanced treatment concepts for skin conditions and the theory of electrotherapy with advanced skin care procedures.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Analyze the benefits and contraindications associated with electrotherapy equipment including the Lucas spray, brushing machine, vacuum and spray unit, high frequency and galvanic treatments such as iontophoresis and desincrustation.

Potential Elements of the Performance:

- Identify skin types, their characteristics, treatment concepts and contraindications to treatment
 - Identify skin conditions, their characteristics, treatment concepts and contraindications to treatment
 - Recognize treatable skin conditions
 - Demonstrate the safe and appropriate use of electrotherapy equipment for particular skin types and conditions
 - Demonstrate proper sanitation, disinfection and sterilization methods for all equipment
2. Discuss advanced ingredient technology in the formulation of skin care products and with Alphahydroxy Acid exfoliation treatments

Potential Elements of the Performance:

- Differentiate between a chemical exfoliation treatment and a chemical peel
- Discuss benefits and contraindications of Alphahydroxy Acid exfoliation treatments
- Discuss the benefits and uses of serum
- Knowledge of advanced delivery systems
- Differentiate between natural ingredients and biotechnological ingredients

3. Analyze the anatomy of an advanced skin care treatment procedure.
Potential Elements of the Performance:
 - Differentiate between a mini facial and an advanced facial treatment
 - Identify skin types and skin conditions, their characteristics, treatment concepts and contraindications to treatment
 - Knowledge of proper set up procedures for workstations, clients, and electrotherapy equipment
 - Knowledge of safe and effective extraction techniques
 - Analyze benefits and contraindications to facial equipment
 - Name and describe classic massage movements
4. Analyze treatment concepts for aging, acneic and sensitive skin conditions.
Potential Elements of the Performance:
 - Knowledge of advanced ingredient technology with the use of serums and other NatureMed products
 - Knowledge of NatureMed product line and advanced mask procedures
 - Identify intrinsic and extrinsic factors which lead to or worsen these conditions
 - Identify contraindications to treatments
 - Identify electrotherapy procedures which will benefit these conditions
 - Knowledge of safe and proper extraction procedures
 - Identify the estheticians role with maintaining healthy skin recognize our limitations
5. Analyze an advanced facial treatment for men.
Potential Elements of the Performance:
 - Identify characteristics, treatment concepts and contraindications with men's skin
 - Identify elements of successfully and professionally dealing with a male client
 - Analyze benefits of electrotherapy procedures when providing an advanced skin care treatment for men
 - Knowledge of NatureMed skin care product line
 - Analyze a facial massage procedure for men
 - Knowledge of safe and proper extraction procedures
6. Demonstrate the professional image and conduct necessary for success in the field of esthetics.
Potential Elements of the Performance:
 - Punctual and regular attendance
 - Comply with Policies and Procedures regarding physical appearance and dress code
 - Adhere to policies outlined in the Student Code of Conduct
 - Demonstrate accountability for your own academic and professional growth

III. TOPICS:

1. Aging Skin and Treatment Concepts
Acne and Treatment Concepts
Sensitive Skin and Treatment Concepts
2. Electrotherapy
3. The Male Client
4. Advanced Ingredient Technology
5. The Facial Massage
6. The Comedone and Extractions
Alphahydroxy Acid Exfoliation Treatments

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Same as Semester One

V. EVALUATION PROCESS/GRADING SYSTEM:

Tests – 70%

Research Assignment – 30%

Please note: 1% per class missed will be deducted from final grade

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	

X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Chair's secretary. Students will be required to provide a transcript and course outline related to the course in question.